



NEWSLETTER



NEW YEAR, NEW YOU. MAKE A RESOLUTION TO BE PREPARED IN

2023

Each year, the City of LA Emergency Management Department (EMD) strives to keep Angelenos safe and prepared for the smallest emergencies to the largest disasters. From our EMD family to yours, we wish you a prosperous year full of health and happiness. *Cheers to 2023!*



DID YOU KNOW?

Studies on New Year's resolutions have found that most people don't stick to them. One study found that 77% of participants maintained their resolutions for one week... that decreased to 40% after six months.



For 2023, make an **EASY resolution to be prepared!**

Resolve to be Ready is a national initiative that encourages us to make preparedness a part of our New Year resolution. As you start thinking about your goals for **2023** make the commitment to be **READY** at all levels; personally, at home with your family, at work, and with your neighbors. We have made it easy for you! Just follow the steps on the next page to help you plan for the unexpected. Resolve to be more prepared to protect yourself and your loved ones when a disaster strikes. **#BeReadyLA**

GET STARTED



RESOLVE TO BE READY WITH THESE 7 STEPS IN

2023



BUDGET FOR A DISASTER

Financially prepare for the New Year. Find out how with the Emergency Financial First Aid Kit. Start saving for an emergency fund today so you can cover any unexpected changes in your day-to-day life.



CREATE AN EMERGENCY PLAN

Have your neighbors join you in completing the Ready Your LA Neighborhood (RYLAN) program, which provides the tools to prepare and organize your neighborhood to respond together in that first hour after a disaster. At home, know your evacuation routes and establish a meeting place for your family to meet in case you get separated. Don't forget about your communication plan.



MAKE AN EMERGENCY KIT

Many of the things you should include in your emergency kit are already in your home! Look around and assemble key supplies such as water, food, extra clothing. Keep one at home, in your car and at work. Include supplies for your pets! Learn how to build an emergency kit with RYLAN.



KEEP YOUR PANTRY STOCKED

It is important to have several days' worth of food safely stored in your home to support yourself and your family. Don't forget to include food for your pets! Be sure to check expiration dates and replace expired food.



EXPIRED



JOIN C.E.R.T.!

Join the Community Emergency Response Team (CERT) program to get trained on basic disaster response skills, such as fire safety, light search and rescue, team organization and emergency first aid.



CHECK YOUR INSURANCE POLICY

Understand what your policy covers in case of major disasters. Learn more about flood insurance that is available to you under the National Flood Insurance Program and affordable earthquake insurance from the California Earthquake Authority. Take pictures of your property and make an inventory for insurance purposes!



SIGN UP FOR EMERGENCY ALERTS IN YOUR AREA

Sign up for NotifyLA, the City of Los Angeles' emergency notification system to receive emergency alerts. Register for NotifyLA online.



[LEARN MORE AT EMERGENCY.LACITY.ORG](https://www.emergency.lacity.org)