



NEWSLETTER

SEPTEMBER IS NATIONAL PREPAREDNESS MONTH!

This year, the focus is Preparing Older Adults for Disasters

Older adults are disproportionately impacted by disasters and emergencies, so let's be sure to get to know our vulnerable neighbors and find out how we can help!



EMERGENCY PREPAREDNESS FOR OLDER ADULTS

BEFORE

- Make a plan
- Build your support network
- Prepare your finances
- Get to know your neighbors

DURING

- Stay Informed
- Know where your go-bag is to evacuate
- Or be ready to shelter in place if necessary
- Ask for help: Reach out to your emergency contacts

AFTER

- Wait until authorities say it's safe to return
- Work with trusted sources. Beware of scams
- Document any property damage



- THINK ABOUT NEEDS RELATED TO MEDICAL CONDITIONS OR DISABILITIES.
- TAKE DURABLE MEDICAL EQUIPMENT AND MEDICATIONS INTO CONSIDERATION IN YOUR PLAN.
- ASK YOUR DOCTORS ABOUT ALTERNATE MEDICAL TREATMENT OPTIONS IN CASE YOUR REGULAR FACILITY IS AFFECTED BY A DISASTER.

** it's OK to **
ASK for HELP





Many Older Angelenos have Pets and Service Animals



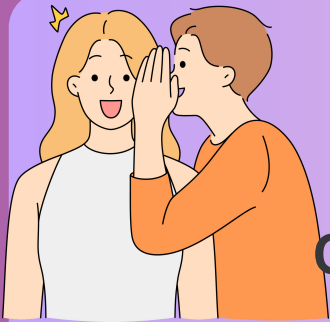
- GET YOUR ANIMALS MICROCHIPPED
- SELECT BACKUP PET CAREGIVER(S)
- PREPARE A PET EMERGENCY KIT
- DO NOT LEAVE THEM BEHIND!
- PETS AND SERVICE ANIMALS ARE ALLOWED IN CITY OF LOS ANGELES DISASTER SHELTERS

LOVED ONE IN A NURSING HOME?

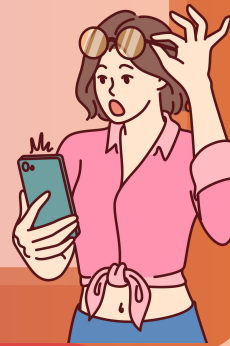
KNOW WHAT TO LOOK FOR IN A NURSING HOME EMERGENCY PREPAREDNESS PLAN



BREAKING NEWS



For National Preparedness Month
We are hosting an open house for
City Employees to tour our Emergency
Operations Center (EOC)!
Stay tuned for more details



1



EDUCATE YOUR CHILD ON THE IMPORTANCE OF EMERGENCY PREPAREDNESS WITH CHILD-FRIENDLY CONTENT (I.E. COLORING BOOKS, VIDEOS, AND INTERACTIVE ACTIVITIES)



2

MAKE AN EMERGENCY FAMILY COMMUNICATION PLAN FOR SCHOOL (KNOW WHICH FAMILY MEMBERS ARE ON THE EMERGENCY CONTACT LIST, IDENTIFY A FAMILY MEETING POINT CLOSE TO THE SCHOOL, ETC.)

3

CREATE A CHILD-FRIENDLY KIT (FAVORITE STUFFED ANIMAL, COMFORT BLANKET, AND TOYS)

