

## NATIONAL PREPAREDNESS MONTH



# NEWSLETTER



## MEET OUR INNOVATION AND DEVELOPMENT DIVISION TEAM

The Innovation and Development Division tracks and engages in emerging issues, such as technology, climate change, accessibility, and public health.

The I & D Division works with other EMD Divisions to incorporate solutions into community outreach, planning, training and exercise.

Their division mission is to bring a cross-department and cross-functional collaborations within City government, non-profits, and private sector.

### Meet the Division Chief, Jennifer Lazo!



My favorite preparedness gadgets are:

1. My inflatable solar lantern (great for BBQs!!)
2. My water filtering water bottle (when water is of questionable quality)
3. My back-up cell phone chargers (yes, I have several)
4. My weather radio

I am the Grant Manager for Emergency Management Department (EMD). I help EMD advocate for more resources via Grant dollars.

My favorite preparedness tip is to use items from the dollar stores to build your kit!!!

## Division Team Spotlight!



**Donni**  
(Grants Manager)

Do you or anyone in your family have food allergies? Set aside at least a 3-day supply of nonperishable and allergen-free foods, more if you can.

Remember to check your supplies every six (6) months.

Manufacturers can change ingredients and their production processes without warning, so be sure to read those labels!



**Carmina**  
(Public Health)

# PREP YOUR EMERGENCY KIT

See below for some essential items that belong in your emergency kit. Don't forget to customize your kits with items that you or your family need. You can find more information on emergency kits here.



- 1 **Backpack**
- 2 **Cash (small denominations)**
- 3 **Extra Clothing**
- 4 **Sturdy Shoes**
- 5 **Non-perishable food**
- 6 **Manual Can Opener**
- 7 **First Aid Kit**
- 8 **Water (1 gallon/person/day)**
- 9 **Flashlight**
- 10 **Emergency Radio**

## Don't forget your pets!

Just as you do with your family's emergency supply kit, think first about the basics for survival, such as food and water for your pet. Have two kits, one larger kit if you are sheltering in place and one lightweight version for if you need to evacuate. Review your kits regularly to ensure that their contents, especially foods and medicines, are fresh. You can find more information here.