

# NEWSLETTER



## BEWARE THE BUZZ

**Did you know? Mosquitos are the <u>deadliest</u> animals in the world.** These insects leave itchy bites and have the potential to transmit diseases - such as West Nile Virus and malaria - to people and pets alike. This summer, keep an eye out for mosquitos, in all their forms, both in the air and around stagnant waters.



1-2 days



5 days



2-3 days



<u>pupa</u> (aquatic)

<u>adult</u>



<u>larvae</u> (aquatic)

## **#GAME ON MOSQUITOS**

Take action against mosquitos with help from...

#### YOU

- <u>Buy or make</u> your own mosquito repellant
- <u>Identify</u> mosquito breeding
   sites in your home
- Remove stagnant water on property

#### **YOUR COMMUNITY**

- Start a <u>Mosquito Watch</u> program in your neighborhood
- Participate in <u>local outreach</u> <u>events</u>
- Raise awareness online and canvas in person

#### **VECTOR CONTROL**

- Request a home inspection
- Request mosquitofish for property with stagnant water
- Sign up for <u>county notifications</u>

## **WEST NILE WATCHOUT**

Each year, 150-300 Los Angeles County residents contract West Nile Virus (WNV) - majority of which can be traced to mosquito contact. Symptoms of WNV include fever, fatigue, body pain, and can lead to deadly complications such as meningitis. Elderly and immunocompromised individuals are especially at risk for severe WNV. Lower your risk by:

- Clearing out where mosquitos lay eggs
- Use mosquito repellant or wear long sleeves
- Maintain door and window screens to prevent home invasion



#### OTHER PESTS TO BE ON THE LOOKOUT FOR!

Where are they found? Why should I look out? How do I protect myself and loved ones?



#### **BLACK FLIES**

Where? Near running rivers and streams.

Why? Black flies can cause painful bites and swelling.

**How?** Wear bug repellant and light colored clothes.

**BATS** 

**Where?** In urban and suburban areas, may hide in attics or garages.

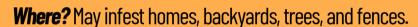
**Why?** Bats can transmit deadly diseases like rabies.

How? If a bat (living or dead) is inside your home, call Animal Control immediately.

Do not touch the bat with bare hands under any circumstances.



#### **RATS**



**Why?** Rats can <u>spread diseases</u> (like hantavirus and monkeypox) and damage property.

**How?** Remove sources of food and shelter that may attract rats. Use snap traps or contact an exterminator if necessary.



## Spray S.A.F.E!



When using bug repellant be sure to stay S.A.F.E:

Spray on exposed skin in a well ventilated area

Avoid applying onto cuts or sunburned skin

Follow all instructions on the repellant label carefully

Employ a DEET-based spray for maximum effectivity